



2 TIMOTHY

STUDY GUIDE



SHEPHERDCHURCH

LESSON 1

SPEAK WITH SPIRIT POWER

TO BEGIN

Name 3 items you'd want to have with you if you were stuck on a deserted island.

So far, what has been the highlight of this week?

DISCUSSION PROMPTS

1. Reflecting on the group discussion you just viewed, what idea or statement did you connect with the most?

2. Paul writes that faith was passed down to Timothy from his grandmother and mother (2 Timothy 1:4-5). What individuals have passed faith down to you? Is there someone who has influenced you so greatly that you wouldn't be who you are without that person? If so, what did that person do so effectively?

3. What is one truth or principle you learned from a mentor or teacher that still guides you today?

4. Read 2 Timothy 1:8-11. Sometimes, we struggle with both our spiritual growth and sharing Jesus because of toxic feelings like shame, worry, and unhealthy fear. How might focusing on God's power (vs 8), His grace (v. 9), and the destruction of death & emergence of new life (vs 11) help you to fight such destructive emotions?

5. In 2 Timothy 1:14, Paul states that both you and God—through the Spirit—guard your faith. How do you guard your faith on a regular basis? What can you do to guard your faith?

6. At certain points in this chapter, Paul writes about his current situation (2 Timothy 1:8, 12-16). How could Paul's vulnerability encourage Timothy and the church in Ephesus? How do these verses encourage and challenge you?

PERSONAL REFLECTION AND DEEPER STUDY

Read 1 Timothy 1 in a different Bible version each day this week. You can also listen to 2 Timothy 1 in different Bible versions on the YouVersion Bible app.

Paul is writing to encourage Timothy to hold onto his faith. After reading 2 Timothy 1, how does Paul's focus on Christ (and the gospel) encourage Timothy? How does this focus destroy shame?

Carefully read
Ephesians 1:11-14; 2:6-10;
Philippians 1:6; Colossians 3:23-24;
1 Thessalonians 5:23-24;
2 Thessalonians 2:13-14; 2 Timothy 1:14; and 1 Peter 1:3-5.

Now, reflect on the following questions and write your answers based on the verses you just read:

- How does God guard your faith/salvation?
- What is your responsibility in guarding your faith/salvation?
- What obstacles might prevent you from guarding your faith/salvation?

This week, memorize one or more of the following verses:

- 2 Timothy 1:6
- 2 Timothy 1:7
- 2 Timothy 1:9-10
- 2 Timothy 1:12